



Workplace Wellbeing Check

Have you ever wondered how well you are prioritising the mental wellbeing of your employees? Do they feel psychologically safe in the workplace? Are they thriving and feel like they're part of a cohesive team? As an employer, you are well placed, and have an ethical responsibility, to create a positive, supportive and inclusive workplace and to develop good systems of work for supporting mental health in the workplace. Our *Workplace Wellbeing Check* provides valuable insights regarding strengths in your workplace and areas for improvement.

If you are interested in a FREE assessment please contact us, via details below.

The process

- 15 minute phone call to discuss your business goals, your people and areas of interest.
- We help you determine who is the best person in your workplace to complete the questionnaire.
- We complete our assessment, based on your responses.
- We provide a summary of findings, recommendations and quotes for optional assistance we can offer.

How we can help

- Our assistance may simply be tips on how to implement small changes in the workplace to improve wellbeing.
- We offer tailored evidence-based educational workshops for staff.
- We can work one on one with leaders.
- We share our expertise in a variety of crucial areas including mental health, leadership and culture, relationship building and conflict resolution.

FAIRGROUND
PSYCHOLOGY AND WELLBEING

CONTACT US

P: Kim 0461 536 931
E: enquiries@fairgroundwellbeing.com.au
W: fairgroundwellbeing.com.au